A LITURGY OF LIGHT

In the beginning there is a pale seam of light Though night still covers the earth

Light is born, in weakness. She clings to the hem of night's cloak.

"Father Sun, come to my aid".

She must wait, she rests on the horizon, She lifts her gaze to heaven, in expectation.

There is a faint breeze, a gentle stirring. "Arise! Come. The day is at hand"

Light blushes, pale pink, As the Spirit of Dawn beckons.

She will give herself to him freely, joyfully. Apart from him she can accomplish nothing. He clothes her in a garment of pure gold.

For an instant she is resplendent in beauty.

"My soul exults in the Lord"

Suddenly, a cloud covers her in shadow. She is engulfed in the threat of extinction.

"Father, Sun, into your hands"

Lady Light and the Spirit of the Dawn Keep vigil in hope, they are powerless

They must wait to be transfigured In the visit from on high

Which is the greater glory of the

RISING SUN

(This poem was written by Mairi Clunas, a St John's parishioner, and a Consecrated Virgin for over thirty years)

Edinburgh College lecturer named teacher of the year



Helena Good teaching students at Edinburgh College

Edinburgh College graphic design lecturer Helena Good has been named teacher of the year at the Tes FE Awards, which celebrate the best of the UK's further education sector.

Ms Good has worked in education for more than two decades, sharing her passion for creativity and design with hundreds of students – many of whom she helped with national and international awards.

Alongside her lecturing duties, she runs Daydream Believers, a pioneering project aiming to make the transition from school to college more appealing and seamless for secondary pupils who are looking to progress to post-16 education.



The project involves several high schools across Edinburgh and was described by the judges as "the most important educational initiative in Scotland at the moment".

The dedicated teacher says she was honoured to have been considered for the award and says every teacher nominated deserves recognition for their contribution to education. Ms Good said: "I feel so honoured to have been considered alongside such an inspiring group of teachers who all deserved to be recognised for going above and beyond. Thanks to thejudges, Edinburgh College and everyone who believes in daydreams."

Edinburgh College principal Audrey Cumberford said:

"It is wonderful to see Helena named Teacher of the Year by the UK Tes FE Awards. She works tirelessly to not only inspire her students, but also young people across Scotland and beyond, through the Daydream Believers programme. She is a true inspiration and her infectious energy for creativity is an absolute asset to our college."