

This prayer (and the illustration of it overleaf/below) is taken from 'As It Is In Heaven – a Collection of Prayers for all ages', a book illustrated by Eric Puybaret

# Prayer of Abandonment

---

Father,  
I abandon myself into your hands;  
do with me what you will.  
Whatever you may do, I thank you:  
I am ready for all, I accept all.

Let only your will be done in me,  
and in all your creatures—  
I wish no more than this, O Lord.

Into your hands I commend my soul:  
I offer it to you  
with all the love of my heart,  
for I love you, Lord,  
and so need to give myself,  
to surrender myself into your hands  
without reserve,  
and with boundless confidence,  
for you are my Father.

**Amen.**

*Prayer by Blessed Charles de Foucauld*

