

ON-LINE RESOURCES TO HELP US DEEPEN OUR FAITH - AVAILABLE FOR EVERYONE

Tracy Burgess has kindly collated the resources below:

‘If you are looking to draw upon the inexhaustible resources of God’s wisdom, power, Forgiveness and abundant grace but are at a loss where to start, you could consider spending some unhurried time in personal study. Knowledge can lead to a deeper encounter with the Risen Lord - opening the door of your heart to Jesus.

Some options for you to consider...’

(App Store) [Pray as you go](#) ...daily prayer/ meditation/ music.

(App Store - ascension app/podcast/ YouTube) [Bible in a year, with Fr. Mike Schmitz](#) (Catholic edition) - breaking down the Bible into daily readings, from Genesis to Revelation.

Fr. Mike is your spiritual guide to understanding God’s word through the Bible.

(Alpha international app/ YouTube) [The Bible in a year with Nicky & Pippa Gumble](#) (from the Alpha course) - daily readings over the year as Nicky and Pippa share their thoughts and insights on the passages and prayers for the day.

(ascension app/podcast/YouTube) [The Rosary in a year with Fr Mark Mary](#). Using scripture, prayer, meditation and images, you are guided into deeper understanding the mysteries of the Rosary... the full Rosary can also be prayed.

(daily email/ podcast/ YouTube) [Centre for Action and Contemplation with Fr. Richard Rohr](#). Featuring reflections on the wisdom and practices of the Christian contemplative tradition. With a reflection on community that is always hopeful.

(email/ YouTube/ books/ community) [Pilgrimage - walking is for the body, pilgrimage is for the Soul](#). The British pilgrimage trust, Scotland pilgrim journeys a day’s pilgrimage near me. Promoting holistic wellness from an inner spiritual journey through prayer and meditation using a physical outward journey.

(YouTube/ podcast) [Aquinas 101 - Thomistic institute](#). To promote Catholic truth and understanding in our contemporary world by strengthening the intellectual formation of Christians.

(YouTube/email/galleries/churches) Google 'Christian Art'. Roughly one third of the paintings in the National Galleries collection are of religious subjects. Nearly all are Christian. Churches are also a great source of religious art. Try Mansfield place Church and be inspired by Phoebe Ann Traquair's beautiful paintings.

Christian Art gives daily Gospel readings and Art reflection from the very knowledgeable Fr. Patrick van der Vorst. Also, great Art explained.

(YouTube/ podcast/church/live music/ radio) Religious Music (also known as sacred music) is defined as anything that has been written as devotional to any given Faith. Some Christian music includes Gospel, instrumental, ballads, rock, quire, classical and Gregorian chant. Hymns sang at Mass are a joyful noise to the Lord... so sing up!

ALPHA (YouTube/ a church near you).. Typically, Alpha has ten sessions. - A short video then you are encouraged to share your thoughts and explore the basics of the Christian life in a friendly and honest environment.

And there are many riches to be found not just online but in **BOOKS**

(books/eBooks/audible) God is a story telling God, the Father speaks the word - who is the Son, with his breath - which is the Holy Spirit. And we are made in God's image as storytellers... Books hold the door ajar to knowledge... a few recommendations for you - The Bible - the primary source/ Mere Christianity - C S Lewis/ The universal Christ - Richard Rohr/ Revelations of Divine Love - Julian of Norwich/Time for God - Jacques Philippe/ The greatest story ever told - Fulton Oursler/ Jesus of Nazareth series - Pope Benedict XVI. For a personal recommendation see Fr. Jock, who's been known to have a few books lying around.

This is just a small sample of some of the resources available. Check the weekly newsletter as lots of interesting events are highlighted.

Keep an open heart and mind and we hope you will be inspired to try one of the above.

*To have a thriving Christian life we need
Friends who support us.
Openness to God's voice.
A robust understanding of the intellectual basis of our beliefs
C S Lewis.*

